

kid LEADERS' guide

THIS Week...

This week we're talking about the importance of rest and how even Jesus and God rested!

TODAY'S BIBLE VERSES: Genesis 2:2, Mark 4:35-41, 1 Peter 4:10, Psalm 4:8, Matthew 11:28

KEY WORDS: rest, God rested on the seventh day

BEFORE today's lesson:

- Make sure you have all the materials you need for the 'Welcome Zone' and 'Fun Zone' activities.
- Gather together all the required ingredients for 'Grub Zone'.
- Have enough Kidzone magazines for every child!
- Print off the 'Beyond the Zone' card.

When preparing your program, consider each of the 'zones' and how they will best work in your context.

You may like to mix up the order in which you do the 'zones'. You will, however, need to remember the 'Welcome Zone' needs to start the session, the 'Zone In' section needs to follow the 'God Zone', and the 'Beyond the Zone' happens at home.



WELCOMEZONE^{kz}
(7-10 mins)

PLAY 'Sleeping Lions'.

The children lie down and pretend to be sleeping. The leader (or another child) is the cheeky monkey who tries to make the lions move or laugh without touching them. If they move or laugh, they also become cheeky monkeys and try to make the remaining lions move or laugh.



GRUBZONE^{kz}
(7 mins)

MAKE star fairy bread.

Provide each child with a plate, cookie cutter in the shape of a star, slice of bread, butter and a plate covered with hundreds and thousands. Butter the bread, cut out the star shapes and press butter-side down on the plate with the sprinkles. Yum!



FUNZONE^{kz}
(10-12 mins)

PLAY the 'Would You Rather' game on **page 3**.

MAKE Oliver's lavender room spray on **page 11**.

READ the message at the bottom of the page.



GODZONE^{kz}
(5-7 mins)

READ Samuel's mega puzzle on **page 14**.

Look at the Bible verses in Genesis where it talks about God resting on the seventh day. Look at Mark 4:35-41 when Jesus slept during the storm because he was so tired.

DO the word search puzzle or colouring-in competition if your class is younger.



ZONEIN^{kz}
(10 mins)

LOOK at the feature on **pages 8 and 9**.

READ the message at the bottom of **page 9**.

CHAT about what toys they like to take to bed with them.

What helps them get to sleep? Chat about praying before they go to sleep.

 **DRAW** Oliver's dream on pages 4 and 5.

 **GIVE OUT** the 'Beyond the Zone' cards and read through the activities.

GET READY FOR NEXT WEEK ...

To make the recipes and crafts next week you will need the following:

OLIVER'S KITE



- A4 paper
- Sticky tape
- Paper straw or skewer
- String
- Hole punch
- Crepe paper streamers



CHEFFY'S PEPPERMINT PATTIES



- ½ cup condensed milk
- 3 cups icing sugar
- 2 teaspoons peppermint extract
- 250 g dark chocolate melts
- 2 teaspoons coconut oil



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kidzone-leaders-guide](http://kidzonemag.com.au/kidzone-leaders-guide)

**next
Week...**

 We'd love to see some photos of your kids' church members enjoying the activities to include in the *Kidzone* magazine!

Email a picture of your group to kidzone@salvationarmy.org.au

*Please get permission from parents before sending photos and include a copy of signed parental consent for *Kidzone* to print image.

WWW.KIDZONEMAG.COM.AU 





BEYOND^{the}ZONE^{kz}

Have a go at some of these:

Pray to God each night before you go to sleep **this week.**

Make some lavender spray to give to **someone.**

Do the puzzles on **page 16** and do the **colouring competition** on **page 13** and send it into **Kidzone HQ.**



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