

Kidzone LEADERS' guide

THIS Week...

This week we're talking about stepping out of our comfort zone.

TODAY'S BIBLE VERSES: Genesis 1:28, Joshua 1:9, Psalm 139:14, Matthew 14:22-33, Proverbs 16:3

BUZZ WORDS: being courageous, pets

BEFORE today's lesson:

- Make sure you have all the materials you need for the 'Welcome Zone' and 'Fun Zone' activities.
- Gather together all the required ingredients for 'Grub Zone'.
- Have enough *Kidzone* magazines for every child!
- Print off the 'Beyond the Zone' card.

When preparing your program, consider each of the 'zones' and how they will best work in your context.

You may like to mix up the order in which you do the 'zones'. You will, however, need to remember the 'Welcome Zone' needs to start the session, the 'Zone In' section needs to follow the 'God Zone', and the 'Beyond the Zone' happens at home.



WELCOME ZONE kz

(5-7 mins)

GRUB ZONE kz

(10-12 mins)

FUN ZONE kz

(10-15 mins)

GOD ZONE kz

(10-12 mins)

HAVE pencils and felt-tipped pens and paper on a table ready to do the Draw with Rod on **page 2** together. An axolotl is featured in our comic and feature this week.

PLAY the 'Would you Rather' game on **page 3** together.

MAKE Cheffy's axolotl Oreos on **page 12** and enjoy them! Yum!

CREATE Oliver's axolotl paper bag puppet.

READ the message.

LOOK through the feature, particularly the purple column on **page 9**; kids who have read 'The Bad Guys' will be interested in this new series by Aaron Blabey.

READ the Bible message on **page 10**.

TALK to them about how Peter, one of Jesus' disciples, stepped out of his comfort zone literally.

Read them the Bible account of Peter stepping out of the boat, and how he was safe when he kept his eyes on Jesus and trusted him (Matthew 14:22-33).

CHAT about a time when you found yourself in a situation you didn't expect because God called you to do something.

How did you feel? Did you feel a bit overwhelmed? How did God help you? Chat with the children about times they've felt like that too.

PRAY: Thank you God that you are with us and help us to feel calm when we are worried or nervous.

**ZONEIN^{kz}**

(5 mins)

DO the puzzle or the colouring competition.

LOOK at the comic on pages 4 and 5.

CHAT with your class about their pets.

Do they think their pets communicate with them like the Kidzone kids' pets? What's the best thing about having a pet? How do they look after them? What's the job they least like doing to care for their pets?

PRAY: Thank you God for pets and how cute they are.

GIVE OUT the 'Beyond the Zone' cards and read through the activities.

GET READY FOR NEXT WEEK ...

To make the recipes and crafts next week you will need the following:



CHEFFY'S COOKIE MONSTER BIKKIES

- White chocolate melts
- Coconut oil
- Blue food colouring
- Oreo biscuits
- Blue sanding sugar
- Lolly eyes
- Choc chip cookies.



OLIVER'S FRIENDSHIP BRACELETS

- Safety pins or sticky tape
- Scissors
- Embroidery cottons in different colours



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kidzone-leaders-guide](http://kidzonemag.com.au/kidzone-leaders-guide)

next
Week...

123
SESAME STREET
**Friends
& Fun**

We'd love to see some photos of your kids' church members enjoying the activities to include in the Kidzone magazine!

Email a picture of your group to kidzone@salvationarmy.org.au

*Please get permission from parents before sending photos and include a copy of signed parental consent for Kidzone to print image.

WWW.KIDZONEMAG.COM.AU





BEYOND^{the}ZONE^{kz}

Have a go at some of these:

Read Sam's mega puzzle on **page 14**. Are you stepping out of your comfort zone this week?

Ask (pray to) God to help calm the butterflies in your tummy!

Read (or ask a grown-up to read to you) the story of Peter stepping out of the boat in Matthew chapter 14, verses 22-33.

Do you have a pet? How cool are they?

Pray (talk) to God and thank him for pets!



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