

# kid LEADERS' guide

## THIS Week...

This week we're going for gold and cheering each other on!

 **TODAY'S BIBLE VERSES:** 1 Thessalonians 5:11, Hebrews 12:1-2, Philippians 3:14

 **BUZZ WORDS:** Ready! Set! Go!

 **BEFORE** today's lesson:

- Make sure you have all the materials you need for the 'Welcome Zone' and 'Fun Zone' activities.
- Gather together all the required ingredients for 'Grub Zone'.
- Have enough *Kidzone* magazines for every child!
- Print off the 'Beyond the Zone' card.

 When preparing your program, consider each of the 'zones' and how they will best work in your context.

You may like to mix up the order in which you do the 'zones'. You will, however, need to remember the 'Welcome Zone' needs to start the session, the 'Zone In' section needs to follow the 'God Zone', and the 'Beyond the Zone' happens at home.



**WELCOMEZONE<sup>kz</sup>**

(5-7 mins)

 **PLAY** 'Running the Race' from Harbour Creative ([www.youtube.com/watch?v=WY-KmapUyts](http://www.youtube.com/watch?v=WY-KmapUyts)) and then 'Every Move I Make' ([www.youtube.com/watch?v=MPvnZILn6EY](http://www.youtube.com/watch?v=MPvnZILn6EY)) as the kids arrive.

The kids may like to watch the videos and mimic the dance moves!

 **ASK** the group if anyone has heard of the Commonwealth Games.

 **READ** all about the Comm Games on **page 3**.

 **READ** the message on **page 3**.

 **READ** out the 'Would You Rather?' questions on **page 11**.

If the kids still have the wriggles – you can have them run to either side of the room to show their preference.

 **CALL** the kids in to the middle to get seated.

 **READ** the story on **pages 4 and 5**.

 **READ** the message on **page 5**.

 **CREATE** Oliver's weightlifting Jym &/ Running Traveller on **pages 8 and 9**.

- The templates are on **page 9** so every child will need their own copy of the magazine to cut out. Make sure to keep one magazine uncut for the recipe instructions next.
- Remind the kids to help and encourage each other and cheer their friends on.

 **READ** the message in the purple box on **page 9**.



**ZONEIN<sup>kz</sup>**

(10 mins)



**FUNZONE<sup>kz</sup>**

(10-15 mins per project)



## GRUBZONE<sup>kz</sup>

(10-15 mins)

## GODZONE<sup>kz</sup>

(5 mins)

**CALL** the group over to the kitchen/food area by sports they play!  
Eg. "Bounce on over if you play ...BASKETBALL!", "Dive right in if you do ...SWIMMING!"

**MAKE** Cheffy's swimmer cupcakes on **page 10**.

**READ** Samuel's mega Bible puzzle on **page 14**.

**DO** the code puzzle on **page 14**.

- If time is limited – read the page together and encourage them to do the puzzle at home.

**PRAY:** "Dear God. Thank you for our strength and talents. Thank you for being our biggest encourager and for our friends that cheer us on!"

**GIVE OUT** the 'Beyond the Zone' cards and read through the activities.

### GET READY FOR NEXT WEEK ...

To make the recipes and crafts next week you will need the following:



#### CHEFFY'S COCONUT MILK DAMPER

- 3 cups self-raising flour
- 1 ½ cups coconut milk
- 1 teaspoon salt
- Extra flour for kneading



#### OLIVER'S SILLY SILHOUETTES

- White paper
- Paints and paintbrush
- Pencil
- Craft knife
- Cutting board
- Scissors
- Black paper
- Sticky tape
- Glue stick



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(and heaps of fun),  
[kidzonemag.com.au/  
kidzone-leaders-guide](http://kidzonemag.com.au/kidzone-leaders-guide)

**next  
Week...**

We'd love to see some photos of your kids' church members enjoying the activities to include in the *Kidzone* magazine!

Email a picture of your group to [kidzone@salvationarmy.org.au](mailto:kidzone@salvationarmy.org.au)

\*Please get permission from parents before sending photos and include a copy of signed parental consent for *Kidzone* to print image.

**WWW.KIDZONEMAG.COM.AU**





## BEYOND<sup>the</sup>ZONE<sup>kz</sup>

Have a go at some of these:

**Colour** in page 13 and enter the colouring competition!

**Do** the puzzles on page 16.

**Cut out** and collect your collector card from page 15.

**Share** your ***Kidzone*** with a friend.

**Write** CK a letter.



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